



Mental health education: supporting young people to thrive

As the primary local mental health education provider in Canberra, MIEACT engages with young Canberrans of all ages, background and schools. Through mental health education we build the essential skills to live a productive and healthy life, but we can only do that if we truly understand the barriers, issues and challenges they face. In this session we will unpack what the reality is for young people in our community and how to support them to thrive.

SPEAKER

Heidi Prowse, Chief Executive Officer,
Mental Illness Education ACT

RSVP

by Friday 4 June 2021 to
ocd.canberra@acu.edu.au

Registration is essential.

All attendees will be required to check in through the Check in CBR app.

Please feel free to share this invitation with your family, friends and colleagues.

EVENT DETAILS

Tuesday 8 June 2021

5.45 pm - registration

6pm to 7pm - lecture

Cost: Free

Where:

Room 301.1.20

Veritas Building

ACU Canberra Campus

223 Antill Street,

Watson ACT