

## 2025 Unit Selection Information Melbourne and Strathfield

### 1. Selection of Minor Units

#### 1.1. Selection of a Study Area or Discipline (Commencing students only)

As part of your course, you need to complete a Minor. A Minor is a total of 4 units (40cp) from prescribed units in one discipline or approved interdisciplinary area within one Study Area. Normally this will mean at least 10cp at an introductory level (i.e. XXXX1xx), at least 20cp at advanced level (i.e. XXXX2xx or XXXX3xx) and 10cp at any level.

The four Minor units can be selected from a wide range of study areas - other than Psychology - available at ACU. The Minors you can choose from are listed in Table 1 below.

**Table 1: Minors**

Discipline	Melbourne	Strathfield	Details
<b>2025 Arts, Business, Philosophy and Theology Minors</b>			
Business Studies	minor	minor	<p style="text-align: center;"><b>2025 Arts, Business, Philosophy or Theology Minors</b></p> <p>See 'Arts Unit Offerings 2025' list under the 'Unit Offerings' tab in your Course Enrolment Guide for further details.</p>
Communication	minor	minor	
(Creative Writing <b>*Continuing Students only*</b> )	minor	minor	
Digital Technologies (Computing)		minor	
Drama	minor	minor	
Economics	minor	minor	
English (formerly called 'Literature')	minor	minor	
Geography, Environment and Society	minor	minor	
Graphic Design	minor	minor	
Healthy Development	minor		
History	minor	minor	
International Development Studies	minor		
Mathematics <sup>1</sup>	minor	minor	
(Media <b>*Continuing Students only*</b> )	minor		
Music	minor		
Philosophy	minor	minor	
Politics and International Relations	minor	minor	
Sociology	minor	minor	
Study of Religions	minor	minor	
Theological Studies	minor	minor	
Visual Arts	minor	minor	
Youth Work	Minor		
<b>2025 Health Sciences Minors</b>			
Counselling (COUN)	minor	minor	<p style="text-align: center;"><b>2025 Health Sciences Minors</b></p> <p>See Table 2 below for further details.</p>
Criminology (CRMN)	minor	minor	
Exercise Science (Exercise and Nutrition) (EXEN)	minor	minor	
Exercise Science (Physiology and Psychology) (EXPP)	minor	minor	
Human Biology (HBIO)	minor	minor	
(Public Health (PUBH) <b>*Continuing Students only*</b> )	minor		

<sup>1</sup> Please note regarding 'Assumed Knowledge': Students in Victoria need to have completed Mathematical Methods Units 3 and 4 at Year 12 level and students in New South Wales need to have completed Mathematics (other than Mathematics General 2) at Year 12 level, if they want to study any mathematics major, minor or elective units.

## 1.2. Selection of Units

Once you have chosen a study area, you must select your Minor units.

Your four Minor units must include at least one 10cp unit on the 100-level and at least two 10cp units at an advanced level (200- or 300- level units). Please note that you can only choose units whose pre-requisite requirements you fulfil. Pre-requisites are other units that you must have passed *before* enrolling in the unit and are listed under the unit name in the course map.

**Commencing** full-time students should select one Minor unit for Semester 1 2025 and one Minor unit for Semester 2 2025 in the study area they have chosen.

**Continuing** students should continue to complete Minor units consistent with the discipline they have chosen in the previous year; full-time students should select the third unit of the Minor for Semester 1 2025 and the fourth unit for Semester 2 2025.

Please note that if you are interested in any of the **Arts, Business, Philosophy or Theology Minors** listed under *1.1 Selection of a Study Area*, there is a detailed 'Arts Unit Offerings 2025' list under the 'Unit Offerings' tab in your Course Enrolment Guide. This list has specific information on unit availability for 2025.

If you are interested in any of the **Health Sciences Minors** listed under *1.1 Selection of a Study Area*, please refer to the table below for more information on unit availability for 2025.

**Table 2: Minors in Health Sciences disciplines – 2025 Unit Offerings**

Discipline	Unit Code	Unit Title	Year Level	Melbourne	Strathfield	Pre-requisites
<b>Counselling - COUN</b>	HLSC120	Indigenous Health and Culture	1 <sup>st</sup> year	Sem 1	Sem 1	Nil
	COUN111	Contemporary Approaches to Counselling	1 <sup>st</sup> year	Sem 2	Sem 2	Nil
	COUN230	Applied Counselling Skills and Case Management	2 <sup>nd</sup> year	(2025)	(2025)	COUN111 & PSYC108
	COUN231	Ethical and Professional Practice in Counselling	2 <sup>nd</sup> year	(2025)	(2025)	COUN111 or PSYC108
<b>Criminology - CRMN</b>	LCRM101*	Introduction to Criminology	1 <sup>st</sup> year	Sem 1	Sem 1*	Nil
	LCRM104*	Juvenile Justice	1 <sup>st</sup> year	Sem 2	Sem 2*	Nil
	LCRM201*	Introduction to Forensic Psychology and the Law	2 <sup>nd</sup> year	Sem 1	Sem 1*	LCRM101 or LCRM103
	LCRM207*	Corrections and Rehabilitation of Offenders	2 <sup>nd</sup> year	Sem 2	Sem 2*	LCRM101
<b>Exercise Science (Exercise and Nutrition) - EXEN</b>	BIOL125	Human Biology 1	1 <sup>st</sup> year	Sem 1	Sem 1	Nil
	NUTR101	Introduction to Nutrition	1 <sup>st</sup> year	Sem 2	Sem 2	Nil
	EXSC225	Physiological Bases of Exercise	2 <sup>nd</sup> year	Sem 1	Sem 1	BIOL125
	EXSC204 OR EXSC216	Exercise Prescription and Delivery OR Resistance Training: Science and Application	2 <sup>nd</sup> year	Sem 2	Sem 2	<b>For EXSC204:</b> EXSC225 or EXSC198 <b>For EXSC216:</b> EXSC225 or EXSC198
<b>Exercise Science (Physiology and Psychology) - EXPP</b>	EXSC199	Psychology of Sport	1 <sup>st</sup> year	Sem 1	Sem 1	Nil
	BIOL125	Human Biology 1	1 <sup>st</sup> year	Sem 2	Sem 2	Nil
	EXSC225	Physiological Bases of Exercise	2 <sup>nd</sup> year	Sem 1	Sem 1	BIOL125
	EXSC296	Health and Exercise Psychology	2 <sup>nd</sup> year	Sem 2	Sem 2	EXSC199 or (PSYC100 & PSYC101)

Discipline	Unit Code	Unit Title	Year Level	Melbourne	Strathfield	Pre-requisites
<b>Human Biology - HBIO</b> <b>**Semester 1 Entry Students ONLY**</b>	BIOL125	Human Biology 1	1 <sup>st</sup> year	Sem 1	Sem 1	Nil
	BIOL126*	Human Biology 2	1 <sup>st</sup> year	Sem 2	Sem 2*	BIOL125
	BMSC209*	Pathophysiology	2 <sup>nd</sup> year	Sem 1	Sem 1*	BIOL126 or BIOL204
	BIOL205* OR BMSC206*	Pharmacology 1 OR Introduction to Neuroscience	2 <sup>nd</sup> year	Sem 2	Sem 2*	<b>For BIOL205:</b> BMSC209 <b>For BMSC206:</b> BIOL125
<b>Human Biology</b> <b>**Semester 2 Entry Students ONLY**</b>	BIOL125	Human Biology 1	1 <sup>st</sup> year	Sem 2	Sem 2	Nil
	BIOL123*	Cells and Tissues – The Fabric of Life	1 <sup>st</sup> year	Sem 1	Sem 1*	Nil
	BMSC206*	Introduction to Neuroscience	2 <sup>nd</sup> year	Sem 2	Sem 2*	BIOL125
	BIOL206* Or BMSC309 (Online)	Human Genetics Advanced Cardiovascular Physiology	2 <sup>nd</sup> year	Sem 1	Sem 1*	<b>For BIOL206:</b> BIOL123 or BIOL125 <b>For BMSC309:</b> BIOL125
<b>Public Health – PUBH</b> <b>**Continuing Students ONLY**</b> %	PUBH100	Foundations of Public Health	1 <sup>st</sup> year	n/a	n/a	Nil
	PUBH102	Foundations of Health Promotion	1 <sup>st</sup> year	Sem 1	n/a	Nil
	PUBH306	Public Health Policy and Law	2 <sup>nd</sup> year	Sem 1	n/a	PUBH100 or PUBH102
	PUBH312	Applied Health Promotion	2 <sup>nd</sup> year	Sem 2	n/a	PUBH102

\* **Note for Strathfield students:** These units are only offered on the North Sydney campus, not on the Strathfield campus. You could only undertake this Minor if you were willing to travel between campuses.

% **If you have not yet completed both PUBH100 and PUBH102 you cannot continue with this minor.**

## 2. Psychology Elective Unit

Please refer to the table below to find a suitable Psychology Elective Unit on your campus.

Please refer to the [2025 ACU Handbook](#) to review the unit description of units that interest you, so you can find out more about their content and aim. Please follow the link to the Handbook, select 'Unit' above the search bar and then enter the unit code of a unit you would like to learn more about. Please note that unit availability and study modes are subject to change.

**Table 3: 2025 Psychology Electives**

Unit Code	Unit Title	Location/s	Study Period	Mode	Pre-requisites
PSYC207	Culture and Psychology	Melbourne	Semester 2	On Campus (C)	PSYC100 & PSYC101
PSYC224	Emotion and Social Cognition	Strathfield	Semester 2	On Campus (C)	PSYC100 & PSYC101 & PSYC110 or PSYC104
PSYC317	Introduction to Neuropsychology	Melbourne, Strathfield	Semester 2	On Campus (C)	PSYC315
PSYC322	Critical Thinking and Research Skills for Psychology	Melbourne, Strathfield	Semester 2	On Campus (C)	PSYC206 or PSYC226 & PSYC213 or PSYC214
PSYC225 * (prev. PSYC109)	Applied Positive Psychology	Rome	<b>Block 4:</b> 1 Dec - 19 Dec 2025	Rome (SRM)	Nil

\* **PSYC225 is offered in Rome as part of ACU's Semester in Rome (ACUSiR) program. Click [here](#) for more information.**