

Master of Clinical Exercise Physiology

2024 Elective Units

Last updated 9 November 2023

Prerequisites

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).

Electives 2024

- Units should be taken in sequence as listed in the program map.
- Elective units to be selected in consultation with the Course Coordinator

ACU Term 1 Mon 29 Jan 2024 to Sun 7 Apr 2024 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment)

CODE	TITLE	Mode	Prereq
EXSC510 [#]	Strength and Conditioning for Performance and Rehabilitation (10cp)	Online OU	Nil
EXSC515 [#]	Exercise Prescription for Sports Injury Management Across the Lifespan (10cp)	Online OU	Nil
EXSC650 [#]	Fatigue, Recovery, Adaptation and Performance (10cp)	Online OU	Nil
EXSC651 [#]	Sports Injury Prevention (10cp)	Online OU	Nil
HLSC650 [#]	Recovery Oriented Mental Health	Online OU	Nil
HLSC651 [#]	Holistic Individual Centred Mental Health Practice	Online OU	Nil

select Study Period "ACU Term 1" in Student Connect)

ACU Term 2 Mon 22 Apr 2024 to Sun 30 Jun 2024 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment)

CODE	TITLE	Mode	Prereq
HLSC641 [#]	Introduction to Health Sciences Research (10cp)	Online OU	Nil
EXSC669 [#]	Exercise Rehabilitation for Return to Sports Performance (10cp)	Online OU	Nil

select Study Period "ACU Term 2" in Student Connect)

ACU Term 3 Mon 15 Jul 2024 to Sun 22 Sep 2024 (NOTE: 8 weeks of study / 10 weeks for delivery and assessment)

CODE	TITLE	Mode	Prereq
EXSC510 [#]	Strength and Conditioning for Performance and Rehabilitation (10cp)	Online OU	Nil
EXSC515 [#]	Exercise Prescription for Sports Injury Management Across the Lifespan (10cp)	Online OU	Nil
EXSC650 [#]	Fatigue, Recovery, Adaptation and Performance (10cp)	Online OU	Nil
EXSC651 [#]	Sports Injury Prevention (10cp)	Online OU	Nil
HLSC650 [#]	Recovery Oriented Mental Health	Online OU	Nil
HLSC651 [#]	Holistic Individual Centred Mental Health Practice	Online OU	Nil

select Study Period "ACU Term 3" in Student Connect)

ACU Term 4 Mon 7 Oct 2024 to Sun 15 Dec 2024 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment)

CODE	TITLE	Mode	Prereq
EXSC669 [#]	Exercise Rehabilitation for Return to Sports Performance (10cp)	Online OU	Nil

select Study Period "ACU Term 4" in Student Connect)

[#] Units offered via **ACU Terms**:

PLEASE NOTE FOR THE MAP ABOVE

Prerequisites (*'Pre:'*) and Incompatibles (*'Inc:'*) are added in italics. Prerequisites are other units that you must have passed *before* enrolling in the unit. Incompatibles are units that extremely similar. If you have already successfully passed an Incompatible unit, you are not able to enrol in this unit.

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

STUDY MODES

All units are delivered in Attendance mode, unless otherwise indicated in the map.

C - On Campus:

Most learning activities or classes are delivered at a scheduled time, on campus, to enable in-person interactions. Activities will appear in a student's timetable

M - Multi-mode:

Learning activities are delivered through a planned mix of online and in-person classes, which may include full-day sessions and/or placements, to enable interaction. Activities that require attendance will appear in a student's timetable.

Online:

OU - Online unscheduled

Learning activities are accessible anytime, anywhere. These units are normally delivered fully online and **will not** appear in a student's timetable.

OS – Online scheduled

All learning activities are held online, at scheduled times, and will require some attendance to enable online interaction. Activities will appear in a student's timetable

Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling. Please email your enquiry or request to make an appointment.

School Behavioural and Health Science - Administration	Email: ExerciseScience.Admin@acu.edu.au
National Course Coordinator	Dr Justine Stynes Email: Justine.Stynes@acu.edu.au

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