



# Contextual Prevention

## Going beyond individual prevention

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# Going beyond individual prevention to contextual prevention



A comprehensive approach to the prevention of child sexual abuse needs strategies that are focused on both individuals and contexts.

Contextual prevention targets societal contexts (macro) and immediate situations (micro) in which abuse might occur.

## What is contextual prevention?

“Contextual prevention of child sexual abuse comprises prevention efforts that target factors external to the individual, addressing macro-level and micro-level structures, to create safer environments for children and young people.”

## Example prevention strategies

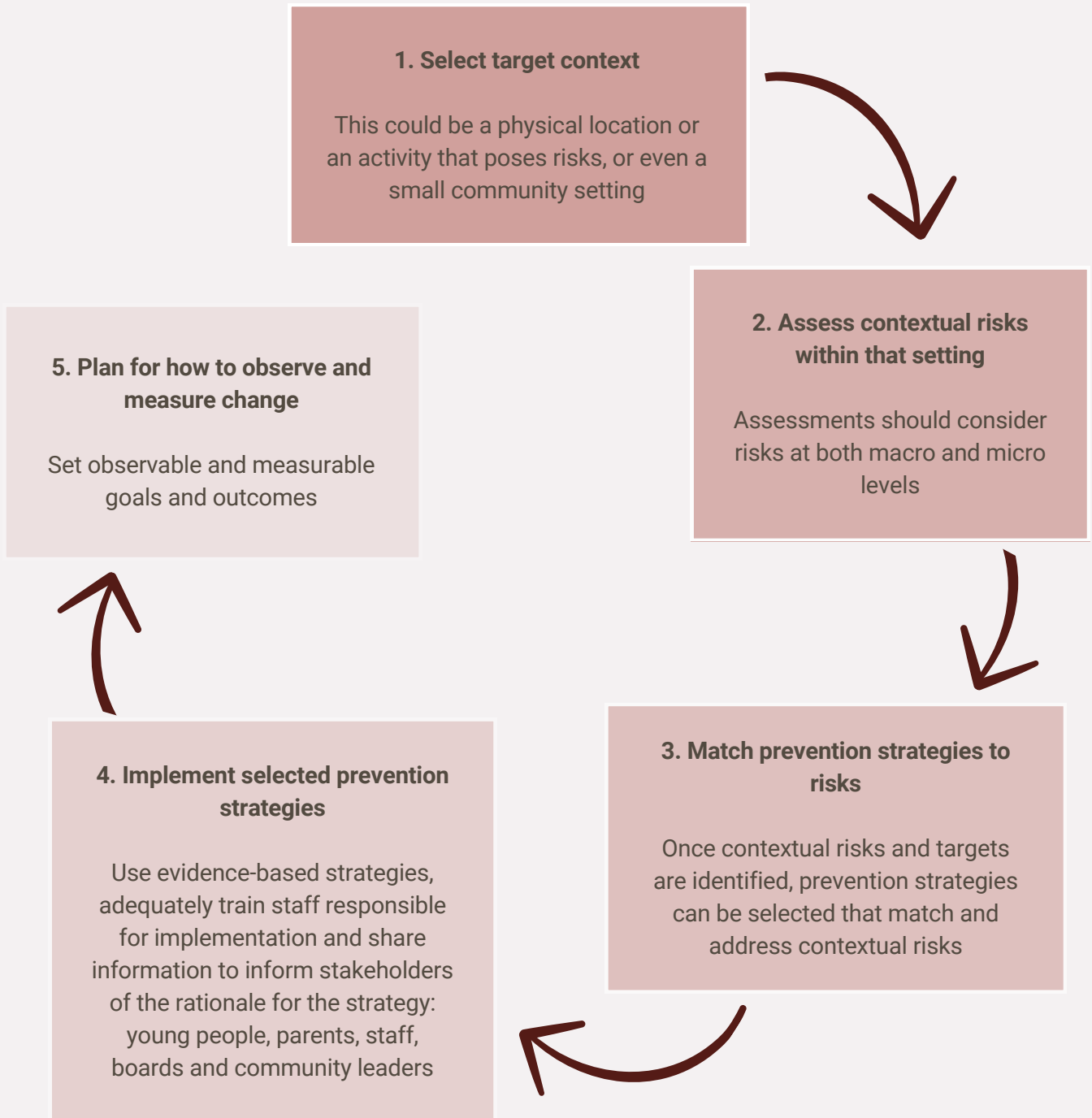
'Individual' prevention	'Contextual' prevention
Developmental prevention Punishment/Deterrence Treatment programmes for victims and perpetrators Protective behaviours programmes	Address social determinants of abuse Enhance formal regulatory controls Crime prevention through environmental design Situational crime prevention

# Macro-level and micro-level focus

Macro-level strategies	Micro-level strategies
<p data-bbox="197 353 727 427"><b>Addressing social determinants of child sexual abuse</b></p> <p data-bbox="220 448 405 481">For example:</p> <ul data-bbox="248 510 687 958" style="list-style-type: none"><li>• Address gender inequality</li><li>• Address socioeconomic disadvantage</li><li>• Develop housing programs to reduce overcrowding</li><li>• Reduce exposure to concerning sexual behaviour</li><li>• Challenge cultural norms conducive to child sexual abuse</li></ul> <p data-bbox="197 1025 687 1070"><b>Legislation and police reform</b></p> <p data-bbox="220 1099 405 1133">For example:</p> <ul data-bbox="248 1162 695 1473" style="list-style-type: none"><li>• Legislation reform</li><li>• Policy reform about child-safe organisations</li><li>• Enhance protective services, including police, justice system, child protection systems</li></ul>	<p data-bbox="826 353 1267 427"><b>Crime prevention through environmental design</b></p> <p data-bbox="849 448 1034 481">For example:</p> <ul data-bbox="877 510 1380 779" style="list-style-type: none"><li>• Control access to children</li><li>• Enhance natural surveillance in physical settings both architecturally and in nature</li><li>• Appoint guardians at specific hot spots to control access to children</li></ul> <p data-bbox="826 835 1305 880"><b>Situational crime prevention</b></p> <p data-bbox="849 900 1034 934">For example:</p> <ul data-bbox="877 963 1401 2011" style="list-style-type: none"><li>• Introduce controls that increase effort to engage in harm (e.g. internet filters)</li><li>• Increase the risk of detection by enhancing active guardianship by staff, bystanders and family members, or by addressing barriers to disclosure, or by activities such as placing home computers in shared spaces</li><li>• Reduce provocations (e.g. drugs and alcohol, that can reduce inhibitions), develop safety plans with high- risk offenders</li><li>• Remove excuses with clear policies (e.g. a code of conduct for all adults) that explain what is expected, and what happens if behaviour falls outside of the policy</li><li>• Remove excuses through automatic pop-up warning messages when entering potentially problematic search terms online</li></ul>

# The process: How to approach contextual prevention of child sexual abuse

Contextual prevention needs to begin with an investigation of risks within a specified setting or for a particular activity. This helps to build an understanding of the factors in that setting that might contribute to abuse. This knowledge can then inform how to tailor prevention plans to the specified context.



# Context matters!

The choice of contextual prevention strategies, and how we implement them, is dependent on context - this reflects differences in contextual risks across different settings. The table below showcases a range of examples to showcase the scope and diversity of approaches.

## Putting contextual prevention into practice

Setting	Identify the context/setting	Assess the risks	Match and implement strategies
<b>Domestic</b>	<ul style="list-style-type: none"> <li>• Home</li> <li>• Apartment</li> <li>• Bedroom</li> <li>• Bathroom</li> <li>• Shed/garage</li> </ul>	<ul style="list-style-type: none"> <li>• Children are more likely to be abused by a family member or someone known to the child</li> <li>• Grooming or abuse is more likely during routine activities that involve close physical contact</li> <li>• Some activities provide opportunity for protracted grooming (e.g. repeated interactions that build trust and desensitise the child)</li> <li>• Are there unsupervised routine caregiving activities; is there access to children?</li> </ul>	<ul style="list-style-type: none"> <li>• Ensure 'line of sight' when other children visit</li> <li>• Develop family rules (e.g. knocking before entering bathrooms; or about who touches my body)</li> <li>• Have open conversations within the family about sex and sexuality so that children know that their parents or carers are comfortable with hearing any concerns</li> </ul>
<b>Online</b>	<ul style="list-style-type: none"> <li>• Computer</li> <li>• Smart devices</li> </ul>	<ul style="list-style-type: none"> <li>• Lack of supervision</li> <li>• Lack of knowledge about privacy</li> <li>• No 'parental controls' on settings</li> </ul>	<ul style="list-style-type: none"> <li>• Move home computers/smart devices out of bedrooms and into shared spaces</li> <li>• Encourage parental engagement and supervision of children while online</li> <li>• Have clear rules about expected standards of behaviour and adult codes of conduct</li> <li>• Design pop-up warning messages connected to child sexual abuse material websites to remind users that online child sexual abuse material is harmful or that online behaviour might be being tracked</li> </ul>

## Putting contextual prevention into practice

Setting	Identify the context/setting	Assess the risks	Match and implement strategies
<b>Organisational</b>	<ul style="list-style-type: none"> <li>• Playground</li> <li>• Nappy change area</li> <li>• Change room</li> <li>• Counselling room</li> <li>• Storage locker or shed</li> <li>• Sports field</li> </ul>	<ul style="list-style-type: none"> <li>• Physical structures without a clear 'line of sight' not only provide opportunities for grooming but also for abuse itself</li> <li>• Lack of child-safe policies and codes of conduct</li> <li>• Club 'vibe' that encourages or allows jokes, disrespectful behaviour or comments</li> <li>• Lack of clarity on child-safe policies and expectations of acceptable behaviours</li> <li>• Lack of staff training in safeguarding</li> </ul>	<ul style="list-style-type: none"> <li>• Install doors with window panels to give others 'line of sight'</li> <li>• Install motion-sensitive lights</li> <li>• Add glass panels to rooms</li> <li>• Develop child safety policies and procedures, and ensure that they are visible and accessible to all</li> <li>• Display signs that promote the rights of children to speak up about concerns</li> <li>• Offer training and supervision to staff to enhance guardianship capacity</li> <li>• Ensure recruiting strategies screen employees</li> <li>• Sign-in processes and monitoring visitors</li> </ul>
<b>Public</b>	<ul style="list-style-type: none"> <li>• Shopping centre</li> <li>• Public toilet</li> <li>• Change rooms</li> <li>• Playground</li> <li>• Park</li> </ul>	<ul style="list-style-type: none"> <li>• Barriers to surveillance, such as unclear lines of sight</li> <li>• Poor lighting</li> <li>• Unsupervised child or groups of children</li> </ul>	<ul style="list-style-type: none"> <li>• Enhance surveillance by pruning bushes or adding lighting</li> <li>• Install CCTV</li> <li>• Display clear guidelines for all adults and children</li> <li>• Offer guardianship training for potential bystanders</li> </ul>