



Spirituality in the Catholic Tradition

Rome Campus, January 2026

Stay in the heart of Rome and encounter the Catholic tradition in art and architecture, in liturgy and history, in places and people. Reflect on its biblical foundations, its theological scaffolding and its ongoing relevance. Think afresh about what it means to be Catholic today, and gain a deeper understanding of Catholic faith, identity and mission.

STUDY TOUR LEADER

Your time in Rome will be led by Dr Jo Laffin.

HIGHLIGHTS

- Mass in St Peter's Basilica and a Papal Audience in St Peter's Square.
- Mass in the Catacombs of Priscilla.
- A day trip to Subiaco in the hills behind Rome, the birthplace of the Benedictine spiritual tradition in the sixth century.
- Two nights in Assisi, home to St Francis and St Clare in the thirteenth century.
- Mass in the the sixteenth-century rooms of Saint Ignatius of Loyola.
- An introduction to contemporary spiritual movements, including the Community of Sant' Egidio, which was founded in Rome by high school students in 1968.

TOPICS WILL INCLUDE:

- what is spirituality?
- biblical, theological and ecclesial foundations of Christian spirituality
- the relationship between spirituality and culture
- early Christian spirituality
- Benedictine, Franciscan and Ignatian spiritual traditions
- art and spirituality
- spirituality and justice.

ELIGIBILITY

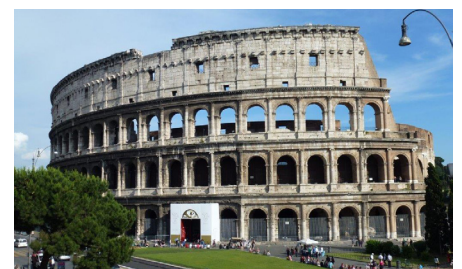
ACU students

This study tour is available to students enrolled in the Master of Theological Studies, Bachelor of Theology and Bachelor of Theology/Bachelor of Philosophy.

Students enrolled in other ACU programs may be eligible to take this study tour for course credit. Please consult your course rules or contact your course coordinator.

Cross-institutional students and audit participation

Students from other institutions may be eligible to participate, and limited places are available for members of the public who wish to participate in an audit capacity.



To find out more and to express interest:

Email:
ftp.coursesadmin@acu.edu.au

Web:
acu.edu.au/study-in-rome

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