

# University of Notre Dame and Australian Catholic University

## Human Performance Summit: The Performance Team Puzzle



June 21-22 2019 at the University of Notre Dame  
(South Bend, Indiana, USA)

TIME	FRIDAY 21 JUNE	SATURDAY 22 JUNE
7am	<b>Workout</b>	<b>Workout</b>
8.30 – 1030am	<b>Altis performance therapy</b> Dr Jas Randhawa (Altis) Jason Hetler (Altis)	<b>The performance team in college sport – ND men's lacrosse</b> Mandy Merritt (University of Notre Dame) Kyle Skinner (University of Notre Dame) Marta Scechura (University of Notre Dame)
	<b>On the couch</b> Dr Jas Randhawa and Jason Hetler	<b>On the couch</b> Many Merrit, Kyle Skinner, Marta Scechura and Coach Kevin Corrigan
10.30am – 12pm	<b>Building a performance team</b> Dr David Martin (Philadelphia 76ers) Teena Murray (Sacramento Kings)	<b>USA ski and snowboard high performance</b> Tara Fontenot (USA Ski and Snow Team) Mathew Vose (USA Ski and Snow Team) Mike Ramirez (USA Ski and Snow Team)
	<b>On the couch</b> Dr David Martin, Teena Murray and Mike Harrity (University of Notre Dame)	<b>On the couch</b> Tara Fontenot, Mathew Vose, Mike Ramirez and Dr Jeremy Shepard
12 – 1pm	<b>Lunch</b>	<b>Lunch</b>
1 – 3pm	<b>Practical - Putting the pieces together in a post-injury situation.</b> ND Performance Staff	<b>Using S.P.O.R.T. to develop skill</b> Professor Damian Farrow (AFL and Professor of Skill Acquisition, Institute for Health & Sport, Victoria University)
3 – 5pm	<b>Integrating innovation into the daily training environment</b> Dr Jeremy Sheppard (Canada Ski and Snowboard) Dr Grant Duthie (ACU)	<b>Injury management – from pre-screening to return to play</b> Dr Teddy Willsey (Healthy Baller) Matt Boyd (Healthy Baller) Dr Jack Hickey (ACU)
	<b>On the couch</b> Dr Jeremy Sheppard, Dr Grant Duthie and Mike Watts (Under Armour)	<b>On the couch</b> Dr Teddy Willsey, Matt Boyd and Dr Jack Hickey
5 – 6.30pm	<b>Incorporating strategies to optimise adaptation</b> Associate Professor Shona Halson (ACU) Professor Jacqueline Berning (University of Colorado) ND Strength Coach (University of Notre Dame)	<b>Case study: Southampton FC performance team</b> Matt Sayce (Southampton FC) Iain Brunnschweiler (Southampton FC)
	<b>On the couch</b> A/Prof Shona Halson and Professor Jacqueline Berning, ND Strength Coach	<b>On the couch</b> Matt Sayce and Lian Brunnschweiler
7pm	<b>Conference dinner</b> with guest speaker Colonel Joseph Coale	<b>Conference dinner</b>